



TANZANIA NATIONAL  
NURSES ASSOCIATION  
(TANNA) MUHIMBILI  
NATIONAL HOSPITAL  
MLOGANZILA BRANCH

## TANNA MLOGANZILA NURSES EXCELLENCE AWARDS 2025 (TAMNEA 2025): LIST OF NOMINEES SELECTED AS FINALISTS IN EACH CATEGORY-FEBRUARY 12, 2026

Name	Category	profile pic	Bio
Damalu Mayala	Best Male Nurse of the Year		Damalu Mayala is a dedicated Registered Nurse with 5+ years working experience, known for his professionalism, compassion, and commitment to patient care. He provides safe, high-quality care with a calm and focused approach, treating patients and clients with dignity and respect. His positive attitude, integrity, self motivation, leadership and clinical skills makes him a valuable team player in achieving both short and long term goals with excellency. making him highly deserving of the Best Male Nurse of the Year award.

<p>Yona Chizua</p>	<p>Best Male Nurse of the Year</p>		<p>I am Yona Amon Chizua, a dedicated Cardiovascular Nurse Specialist in the Emergency Medicine Department with a strong commitment to clinical excellence, education, and research.</p> <p>I have consistently taught and mentored intern Nurses across all emergency rotations, ensuring they develop sound clinical judgement, safe practices, and confidence in managing acutely ill patients.</p> <p>I actively trained multidisciplinary staff on evidence-based approaches to cardiac arrest management, emphasizing early recognition, effective resuscitation, and team coordination to improve patient outcomes.</p> <p>In addition, I have provided continuous community and hospital-based health education via Television and Radio on non-communicable diseases, including hypertension, stroke, diabetes mellitus, and coronary artery disease, promoting prevention and early intervention.</p> <p>I have contributed to nursing science by conducting research and publishing in a peer-reviewed journal, BMC Cardiovascular Disorders. Furthermore, I consistently deliver and document comprehensive care for critically ill patients, ensuring high standards of patient safety, continuity of care and ethical practice.</p>
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Amina Mohamedi	Best Female Nurse of the Year		<p>My name is Amina Kibwana Mohamedi,iam 37yrs old female,from Kibamba-Ubungo District, iam Assistance Nursing Officer 1[ANO1] at Muhimbili National Hospital Mloganzila with Pf 0308,Allocated at Martenity and child health Department at pediatriic ward.I have working experience of 8yrs,since 2017-2026 performing at pediatriic ward from then till now.I have a strong passion for learning and continuously seeks to improve knowledge and skills in order to provide batter care to patient.In recognition of hard work ,excellence and dedication to patient care i was honored as the best employee of the year in 2024 at pediatriic department.</p>
Brigita Bruno	Best Female Nurse of the Year		<p>My name is Brigita M. Bruno, a nursing officer at Muhimbili National Hospital - Mloganzila. I have 8 years of experience in providing holistic care to patients in different units. Currently I'm working at RCH clinic, I'm committed to deliver compassionate, evidence based care and promoting the well-being of mothers and childrens. Skilled in clinical assessment, patient education and community health.</p>

<p>Else Myaka</p>	<p>Best Female Nurse of the Year</p>		<p><b>ELSE A. MYAKA</b> Registered Nurse   Oncology Nurse In-Charge   HSCT Transplant Coordinator  Else A. Myaka is a Registered Nurse with solid clinical and leadership experience in tertiary healthcare settings. She joined Muhimbili National Hospital – Mloganzila (MNH-Mloganzila) in 2018, where she began her professional practice in the Internal Medicine Department, providing comprehensive nursing care to patients with complex medical conditions. Over the years, she has demonstrated strong clinical competence, coordination skills, and commitment to quality patient care, leading to her current role as Nurse In-Charge of the Oncology Ward at MNH-Mloganzila. In this capacity, she oversees nursing services, coordinates multidisciplinary care, and ensures safe, patient-centered oncology nursing practice. In addition, she serves as the Transplant Coordinator for Hematopoietic Stem Cell Transplantation (HSCT), where she plays a key role in coordinating transplant activities, patient preparation, follow-up care, and collaboration among transplant teams to ensure continuity and safety throughout the transplant process. Prior to joining Muhimbili National Hospital, Else A. Myaka served as a volunteer nurse at Muhimbili Orthopaedic Institute (MOI), where she gained valuable foundational experience in patient care, teamwork, and hospital systems within a high-volume specialized referral facility. She is dedicated to advancing oncology and transplant nursing practice through leadership, coordination, and compassionate care, contributing meaningfully to improved patient outcomes in specialized healthcare services.</p>
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<p>Yona Chizua</p>	<p>Best Nurse Specialist of the Year</p>		<p>I am Yona Amon Chizua, a dedicated Cardiovascular Nurse Specialist in the Emergency Medicine Department with a strong commitment to clinical excellence, education, and research.</p> <p>I have consistently taught and mentored intern Nurses across all emergency rotations, ensuring they develop sound clinical judgement, safe practices, and confidence in managing acutely ill patients.</p> <p>I actively trained multidisciplinary staff on evidence-based approaches to cardiac arrest management, emphasizing early recognition, effective resuscitation, and team coordination to improve patient outcomes.</p> <p>In addition, I have provided continuous community and hospital-based health education via Television and Radio on non-communicable diseases, including hypertension, stroke, diabetes mellitus, and coronary artery disease, promoting prevention and early intervention.</p> <p>I have contributed to nursing science by conducting research and publishing in a peer-reviewed journal, BMC Cardiovascular Disorders. Furthermore, I consistently deliver and document comprehensive care for critically ill patients, ensuring high standards of patient safety, continuity of care and ethical practice.</p>
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<p>Amne Saidi Baamary</p>	<p>Best Nurse Specialist of the Year</p>		<p>Amne Saidi Baamary is a Nurse Officer with professional experience since 2017 and currently serves as an Advanced Midwifery Practitioner. She holds a Master’s degree in Midwifery and Women’s Health. Her experience includes working as a CTC Nurse Counsellor at Chamazi District Hospital and as a Nurse Officer in male and female internal medicine wards at MNH–Mloganzila. She currently works in the Obstetrics and Gynecology Department at MNH–Mloganzila. Amne is skilled in providing care in labor wards, antenatal and postnatal wards, maternity ICU, and NICU. She also serves as a clinical instructor, mentor, tutor, and facilitator for junior nurses and students. She is committed to improving maternal and newborn health outcomes through quality clinical care and professional mentorship.</p>
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<p>Peter Shirima</p>	<p>Best Nurse Specialist of the Year</p>		<p>Peter Shirima, is a Cardiovascular Nurse Specialist with advanced clinical expertise in the assessment, prevention, and management of cardiovascular diseases. He's committed to providing high-quality, patient-centered care guided by evidence-based practice and multidisciplinary collaboration.</p> <p>Peter have strong experience in cardiovascular assessment including Non invasive (ECHO, ECG, Treadmil e.t.c), patient education, and long-term management of conditions such as hypertension, heart failure, and ischemic heart disease. His practice focuses on improving treatment adherence, early detection of complications, and empowering patients and families through health education.</p> <p>Beyond direct patient care, Peter involved in mentoring junior nurses and students, supporting clinical quality improvement initiatives, and promoting professional standards in cardiovascular nursing. He is dedicated to continuous learning and contributing to the advancement of cardiovascular care through clinical excellence, research involvement, and ethical practice, with the goal of reducing the burden of cardiovascular diseases in the community.</p>
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Huruma Brown	Best Nursing Leader of the Year		<p>Huruma Brown Mwakabanje is a Nurse Officer and Pediatric Head Nurse with extensive clinical and leadership experience in tertiary healthcare settings. She has actively participated in bone marrow transplant camps, administered chemotherapy to patients with various cancers, and provided comprehensive nursing care to patients undergoing major surgical procedures, including orthopedic and neurosurgical surgeries. In her leadership role, Huruma supervises and mentors nursing staff, promotes teamwork, and ensures strict adherence to clinical standards and patient safety protocols. She is deeply committed to strengthening nursing practice through accountability, continuous professional development, and quality improvement initiatives. Recognized for her strong dedication to high-quality, patient-centered care, Huruma is an innovative nurse leader focused on continuously improving healthcare delivery. She is committed to making a positive and lasting impact on patients, colleagues, and the wider community through compassionate care and effective leadership.</p>
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<p>Gilbert Tesha</p>	<p>Best Nursing Leader of the Year</p>		<p>GILBERT TESHHA is nursing officer from MNH- Mloganzila Hospital located at Dar as Salaam Tanzania. He is graduate at University of Dodoma as the post of B.Sc. N in 2016, Current he is working at Emergency Department unit at MNH- Mloganzila as Nurse in charge of the unit since November 2024 till the date. He is also Clinical Auditing team member at MNH- Mloganzila. He is also a member of committee TANNA at MNH-Mloganzila campus, He has an experience in leadership over more than 4 years, formerly he was served as in charge at surgical male ward since 2021, and furthermore he was acting Block Manager serve for 6 months in the year 2024.  Contact at Email: <a href="mailto:gillytesha@gmail.com">gillytesha@gmail.com</a>  Mobile no. +255757384173</p>
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<p>Alex Benedicto</p>	<p>Best Nursing Leader of the Year</p>		<p>Alex Bigilwamungu Benedicto is a Senior Nursing Officer working at Neonatal ICU Muhimbili National Hospital-Mloganzila. He is a Nurse Incharge of Neonatal ICU of Muhimbili National Hospital-Mloganzila for seven years now. He is a National Master TOT of Newborn and Child Health under the Directorate of Reproductive, Maternal, Newborn and Child Health (DRMCH) of Ministry of Health, The United Republic of Tanzania. He is a Country Representative of Africa Neonatal Nurses Association. He is a Generic Instructor for Newborn Care under NEST 360 Tanzania. He is a Mentor of Continuous Quality Improvement for Small and Sick Newborns in Tanzania. He graduated Bachelor of Science in Nursing with Honors from The University of Dodoma in 2015. He is a former General Secretary of TANNA MNH-Mloganzila Branch 2018-19. Alex Bigilwamungu Benedicto has shown an extraordinary and exemplary young nurse leader with just seven years of leadership experience in nursing professional. He achieved to build a strong team work with high degree of professionalism in working environment. With just only ten years of working experience mainly on neonatal care; he has demonstrated competence in facilitating,mentoring,and supporting the implementation of evidence-based Newborn and Child Health interventions in Tanzania,in line with national policies and guidelines.</p>
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Huruma Brown	Best Innovative Nurse of the Year		<p>Huruma Brown Mwakabanje is a Nurse Officer and Pediatric Head Nurse with extensive clinical and leadership experience in tertiary healthcare settings. She has actively participated in bone marrow transplant camps, administered chemotherapy to patients with various cancers, and provided comprehensive nursing care to patients undergoing major surgical procedures, including orthopedic and neurosurgical surgeries. In her leadership role, Huruma supervises and mentors nursing staff, promotes teamwork, and ensures strict adherence to clinical standards and patient safety protocols. She is deeply committed to strengthening nursing practice through accountability, continuous professional development, and quality improvement initiatives. Recognized for her strong dedication to high-quality, patient-centered care, Huruma is an innovative nurse leader focused on continuously improving healthcare delivery. She is committed to making a positive and lasting impact on patients, colleagues, and the wider community through compassionate care and effective leadership.</p>
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<p>Kaleb Daniel Kiula</p>	<p>Best Innovative Nurse of the Year</p>		<p>Mr. Kaleb D. Kiula is a dedicated Nursing officer I with 7 years of experience as an Emergency Nurse and a book writer, known as Nursing Documentation in Clinical Practices, which enhanced in proper ways of keeping patients' records, improve safety and outcomes. Currently, he is working as a Hospital Supervisor with a wealth of professional experience. Mr. Kaleb has also held leadership roles, including former Secretary of Tanzania National Nurses Association at Mloganzila branch and a current Secretary of East, Central and Southern Africa College of Nursing and Midwifery, ECSACONM for Tanzania chapter. Furthermore, he is a Hospital and National champion of Antimicrobial Stewardship (AMS Champion) and a Clinical Nurse Trainer (CNT) and Trainer of Trainees (TOTs) of several Emergency Care courses like Basic Emergency Nursing Training (BENT), Basic life Support (BLS), Primary Trauma Care (PTC) and many more.</p>
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